

## DEMONSTRATE OCUPATIONAL SAFETY AND HEALTH PRACTICES

UNIT CODE: CON/OS/PL/BC/07/4/A

### UNIT DESCRIPTION

This unit specifies the competencies required to practice safety and health and comply with OSH requirements relevant to work. It involves observing workplace procedures for hazards and risk prevention and participating in arrangements for workplace safety and health maintenance.

### ELEMENTS AND PERFORMANCE CRITERIA

<b>ELEMENT</b>	<b>PERFORMANCE CRITERIA</b>
These describe the key outcomes which make up workplace function.	These are assessable statements which specify the required level of performance for each of the elements. <b><i>Bold and italicized terms are elaborated in the Range</i></b>
1. Adhere to workplace procedures for hazards and risk prevention	1.1 Arrangement of work area and items in accordance with workplace procedures requirements 1.2 Work standards and procedures are followed based on instructions 1.3 <b><i>Prevention and control measures</i></b> are applied based on instructions
2. Participate in arrangements for workplace safety and health maintenance	2.1 Orientations on <b><i>OSH requirements and regulations</i></b> is undertaken in line with policy. 2.2 Feedback on occupational health and safety are provided as per workplace instructions. 2.3 Workplace procedures for reporting hazards, incidents, injuries and sickness are adhered to as per workplace policy. 2.4 <b><i>OSH-related training needs</i></b> are identified and proposed as per workplace policy.

## RANGE

This section provides work environments and conditions to which the performance criteria apply. It allows for different work environments and situations that will affect performance.

Variable	Range
1. Prevention and control measures may include but are not limited to:	<ul style="list-style-type: none"> <li>• Eliminate the hazard</li> <li>• Isolate the hazard</li> <li>• Substitute the hazard with a safer alternative</li> <li>• Use administrative controls to reduce the risk</li> <li>• Use engineering controls to reduce the risk</li> <li>• Use personal protective equipment</li> <li>• Safety, Health and Work Environment Evaluation</li> <li>• Periodic and/or special medical examinations of workers</li> </ul>
2. Safety gears /PPE (Personal Protective Equipment's) may include but are not limited to:	<ul style="list-style-type: none"> <li>• Arm/Hand guard, gloves</li> <li>• Eye protection (goggles, shield)</li> <li>• Hearing protection (ear muffs, ear plugs)</li> <li>• Hair Net/cap/bonnet</li> <li>• Hard hat</li> <li>• Face protection (mask, shield)</li> <li>• Apron/Gown/coverall/jump suit</li> <li>• Anti-static suits</li> <li>• High-visibility reflective vest</li> </ul>
3. Incidents and emergencies may include but are not limited to:	<ul style="list-style-type: none"> <li>• Chemical spills</li> <li>• Equipment/vehicle accidents</li> <li>• Explosion</li> <li>• Fire</li> <li>• Gas leak</li> <li>• Injury to personnel</li> <li>• Structural collapse</li> <li>• Toxic and/or flammable vapors emission.</li> </ul>
4. OSH requirements / regulations may include but are not limited to:	<ul style="list-style-type: none"> <li>• Building code</li> <li>• Permit to Operate</li> </ul>

<p>5. OSH-related trainings may include but are not limited to:</p>	<ul style="list-style-type: none"> <li>• Safety Orientations relevant to tasks</li> <li>• Safe and Correct Operation of Tools and Equipment</li> <li>• Health Orientations/trainings</li> <li>• Prevention and Control of OSH Hazards in the workplace</li> <li>• Chemical Handling</li> <li>• Safety Trainings</li> <li>• Prevention and Control of Work-related Injuries and Illness</li> <li>• Basic First-aid Trainings</li> <li>• Emergency Response Trainings</li> <li>• Trainings on use of fire-extinguisher</li> </ul>
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## REQUIRED SKILLS AND KNOWLEDGE

This section describes the skills and knowledge required for this unit of competency.

### Required Skills

The individual needs to demonstrate the following skills:

- Communication
- Knowledge management
- Collaborating
- Interpersonal
- Troubleshooting
- Critical thinking
- Observation

### Required Knowledge

The individual needs to demonstrate knowledge of:

- General OSH principles and legislations
- Principles of good housekeeping (5S)
- Company/workplace policies/ guidelines
- Standards and safety requirements of work process and procedures
- Standard Workplace emergency plan and procedures
- Safety and health requirements of tasks
- Workplace guidelines on providing feedback on OSH and security concerns
- OSH regulations
- Hazard control procedures
- OSH trainings relevant to work

## EVIDENCE GUIDE

This provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge and range.

1. Critical Aspects of Competency	1.1.Assessment requires evidence that the candidate: 1.2.Arranged work area and items in accordance with 1.3.workplace procedures requirements 1.4.Followed work standards and procedures based on instructions 1.5.Applied <b><i>Prevention and control measures</i></b> based on instructions 1.6.Undertook orientations on <b><i>OSH requirements and regulations</i></b> in line with policy. 1.7.Provided feedback on occupational health and safety as per workplace instructions. 1.8.Adhered to workplace procedures for reporting hazards, incidents, injuries and sickness to as per workplace policy. 1.9.Identified and proposed <b><i>OSH-related training needs</i></b> as per workplace policy.
2. Resource Implications	The following resources should be provided:  2.1 Access to relevant workplace where assessment can take place 2.2 Appropriately simulated environment where assessment can take place
3. Methods of Assessment	Competency in this unit may be assessed through:  3.1 Oral questioning 3.2 Portfolio of evidence 3.3 Third Party Reports 3.4 Written tests
4. Context of Assessment	Competency may be assessed  4.1 On-the-job 4.2 Off-the –job 4.3 During Industrial attachment
5. Guidance information for assessment	Holistic assessment with other units relevant to the industry sector, workplace and job role is recommended.