

NUTRITION ASSESSMENT AND SURVEILLANCE

UNIT CODE: MED/CU/NUD/CR/07/5/A/A

Relationship to Occupational Standards

This unit addresses the unit of competency: conduct nutrition assessment and surveillance

Duration of Unit: 56 hours

Unit Description

This unit specifies the competencies required to conduct nutrition assessment and surveillance. It involves conducting anthropometric assessment, interpreting biochemical assessment result, conducting clinical examination and dietary surveys and conducting nutrition surveillance.

Summary of Learning Outcomes

- 1 Conduct anthropometric assessment
- 2 Interpret biochemical assessment result
- 3 Conduct clinical examination
- 4 Conduct dietary surveys
- 5 Conduct nutrition surveillance

Learning Outcomes, Content and Suggested Assessment Methods

Learning Outcome	Content	Suggested Assessment Methods
1. Conduct dietary surveys	<ul style="list-style-type: none">• Meaning of nutrition and dietary surveys• Importance of nutrition surveys• Methods of conducting nutrition surveys• Indicators for nutrition surveys• Steps in conducting nutrition surveys (nutrition survey designs, sampling methods, determining sampling size, data collection tools etc)• Data analysis and reporting	<ul style="list-style-type: none">• Written .• Observation• Third party report• Oral questioning• Interviews
2. Conduct nutrition surveillance	<ul style="list-style-type: none">• Meaning of surveillance• Surveillance systems• Importance of surveillance• Nutrition information systems	<ul style="list-style-type: none">• Written .• Observation• Third party report• Oral questioning• Interviews

Suggested Methods of Instruction

- Projects
- Demonstration by trainer
- Practice by the trainee
- Discussions
- Direct instruction

Recommended Resources

- Computers with internet
- Library and resource centre
- WHO guidelines
- MOH
- Ministry of Education
- Skills lab
- Use of LCDs, video clips, charts and other teaching aids
- Invitation of competent expertise

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