

OCCUPATIONAL SAFETY AND HEALTH PRACTICES

UNIT CODE: EE/CU/ET/BC/07/3

Relationship to Occupational Standards

This unit describes the competencies required by a worker in an industry to practice and promote safety and health at work.

Duration of Unit: 15 Hours

Unit Description

This unit describes the competencies required by a worker in an industry to practice and promote safety and health at work.

Summary of Learning Outcomes

1. Prepare to practice safety and health at work.
2. Comply and promote compliance of workers to organization's occupational safety and health instructions and requirements.

Learning Outcomes, Content and Suggested Assessment Methods

Learning Outcome	Content	Suggested Assessment Methods
1. Prepare to practice safety and health at work	□ Awareness of legislation that outlines the minimum standards for occupational safety	<ul style="list-style-type: none">• Oral questions• Written questions

Learning Outcome	Content	Suggested Assessment Methods
	<p>and health requirements/ regulations.</p> <ul style="list-style-type: none"> • Benefits of implementing an occupational safety and health program. • Safety requirements/ regulations of own work and of other workers. • Workplace standards and procedures for incidents and emergencies. • Prevention and control Measures for avoiding accidents, injuries and sickness. 	<p>☐ Observation of work procedures</p>

2. Comply and promote compliance of workers to organization's occupational	<ul style="list-style-type: none"> • Safety instructions and safety signs. • Safe handling of tools, equipment and materials. 	<ul style="list-style-type: none"> • Written questions • Oral questions • Observation of work procedures
Learning Outcome	Content	Suggested Assessment Methods
safety and health instructions and requirements	<ul style="list-style-type: none"> • Execution of own work and of coworkers according to safe work procedures. • Use of safe guards and safety devices. • Reporting of hazards, incidents, injuries and sickness in the workplace. 	

Suggested Delivery Methods

- Instructor led facilitation of theory
- Practical demonstration of tasks by trainer
- Practice by trainee
- Observations and comments and corrections by trainers

Recommended Resources

- Occupational safety and health standards

- Standard operating and/or other workplace procedures manuals
- Specific job procedures manuals
- Client/supplier instructions
- Organizational or external personnel
- Machine/equipment manufacturer's specifications and instructions
- Quality standards

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