

1410/204

**HUMAN GROWTH, DEVELOPMENT
AND COMMUNITY HEALTH**

June/ July 2019

Time: 3 hours



THE KENYA NATIONAL EXAMINATIONS COUNCIL

NATIONAL CERTIFICATE IN SOCIAL DEVELOPMENT

HUMAN GROWTH, DEVELOPMENT AND COMMUNITY HEALTH

3 hours

INSTRUCTIONS TO CANDIDATES

This paper consists of TWO sections; A and B.

Answer ALL the questions in BOTH sections in the answer booklet provided.

Maximum marks for each part of a question are as indicated.

Candidates should answer the questions in English.

This paper consists of 3 printed pages.

Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing.

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SECTION A (40 marks)

Answer ALL the questions in this section.

1. Describe **three** methods used to collect data for the analysis of a community's health. (3 marks)
2. Indicate each nutrient whose deficiency leads to each of the following nutritional disorders.

Disorder	Nutrient
• Anaemia	
• Kwashiorkor	
• Scurvy	
• Rickets	

(4 marks)

3. Differentiate between 'positive' and 'negative' reinforcement as used in the behavioural theories of human development. (4 marks)
4. Distinguish between the 'cognitive' and 'affective' components of attitude. (4 marks)
5. Explain **four** methods used for family planning. (4 marks)
6. Identify **four** measures that a county government may put in place to prevent transmission of communicable diseases. (4 marks)
7. Outline **three** negative results that occur due to unsuccessful completion of the latency stage in the psychoanalytic theory of human development. (3 marks)
8. Explain each of the following learning theories of personality:
- (a) classical conditioning; (2 marks)
- (b) operant conditioning. (2 marks)
9. Identify **five** benefits of using a radio to teach adult learners on community health issues. (5 marks)
10. (a) Explain **two** ways of controlling houseflies at home. (2 marks)
- (b) Highlight **three** ways of preventing cuts and bruises at home. (3 marks)

SECTION B (60 marks)

Answer **ALL** the questions in this section.

11. (a) Explain each of the following psychoanalytic stages of human development:
- (i) oral; (2 marks)
 - (ii) anal; (2 marks)
 - (iii) phallic; (2 marks)
 - (iv) latency; (2 marks)
 - (v) genital. (2 marks)
- (b) Identify **five** principles of primary health care. (5 marks)
12. (a) Describe **five** challenges faced in the waste collection and disposal in the county governments in Kenya. (5 marks)
- (b) Explain **five** social factors that positively influence human development. (10 marks)
13. (a) (i) Differentiate between 'active' and 'passive' immunization in maternal child health. (4 marks)
- (ii) Explain **three** benefits of attending prenatal care clinics to an expectant mother. (6 marks)
- (b) Outline **five** environmental factors that negatively affect human growth and development. (5 marks)
14. (a) Highlight **five** factors that prevent successful family planning in Kenya. (5 marks)
- (b) Explain the meaning of each of the following terms as used in human growth and development:
- (i) attitude change; (2 marks)
 - (ii) social cognition; (2 marks)
 - (iii) attribution; (2 marks)
 - (iv) self-esteem; (2 marks)
 - (v) motivation. (2 marks)

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