

1410/204
HUMAN GROWTH, DEVELOPMENT
AND COMMUNITY HEALTH
Oct./Nov. 2018
Time: 3 hours



THE KENYA NATIONAL EXAMINATIONS COUNCIL
NATIONAL CERTIFICATE IN SOCIAL DEVELOPMENT
HUMAN GROWTH, DEVELOPMENT AND COMMUNITY HEALTH

3 hours

INSTRUCTIONS TO CANDIDATES

*This question paper consists of SEVENTEEN (17) questions in TWO sections; A and B.
Answer ALL the questions in BOTH sections in the answer booklet provided.
Maximum marks for each part of a question are as indicated.
Candidates should answer the questions in English.*

This paper consists of 3 printed pages.

Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing.

SECTION A (40 marks)

Answer ALL the questions in this section.

1. Identify **two** roles of a community in primary health care. (2 marks)
2. Highlight **three** factors to consider when preparing food for the sick. (3 marks)
3. Outline **two** differences between active and passive types of immunity. (4 marks)
4. Highlight **two** causes of obesity among children. (2 marks)
5. State **three** ways of managing anaemia among adolescent girls. (3 marks)
6. Outline **two** ways of managing constipation among the elderly in a community. (2 marks)
7. Describe **two** ways of ensuring proper storage of maize. (2 marks)
8. Identify **four** physical changes that occur to young girls during the adolescence stage. (4 marks)
9. Describe the psychosocial crisis that occur during each of ages shown below:
 - (a) infancy to 18 months;
 - (b) 18 months to 3 years. (4 marks)
10. Highlight **five** principles of human development. (5 marks)
11. Explain the meaning of the term 'personality development'. (2 marks)
12. Identify **four** benefits of breast milk. (4 marks)
13. Outline **three** causes of electric shocks. (3 marks)

SECTION B (60 marks)

Answer ALL the questions in this section.

14. (a) (i) Explain the meaning of the term attitude. (2 marks)
- (ii) Highlight **five** factors that influence an individuals attitude. (5 marks)

- (b) Explain the development that occurs in each of the following stages of psychoanalytic development theory:
- (i) oral;
 - (ii) anal;
 - (iii) phallic;
 - (iv) latency. (8 marks)
15. (a) Describe **two** methods of family planning that are classified under each of the following headings:
- (i) long acting reversible contraception methods;
 - (ii) hormonal contraception methods;
 - (iii) barrier methods;
 - (iv) natural methods;
 - (v) permanent methods of contraception. (10 marks)
- (b) Highlight **five** principles used in the prevention of communicable diseases in a community. (5 marks)
16. (a) (i) Explain the meaning of the term 'operant conditioning' as used in human development. (2 marks)
- (ii) Jean Piaget created one of the most famous theories of cognitive development. Describe the development that occurs in each of the following stages of cognitive development:
- I. sensorimotor (0 to 2 years);
 - II. preoperational (2 to 7 years);
 - III. concrete operational (7 to 11 years);
 - IV. formal operation (11 years and above). (8 marks)
- (b) Highlight **five** ways of preventing home accidents. (5 marks)
17. (a) Highlight **three** reasons for ensuring proper drainage around homes. (3 marks)
- (b) Explain **six** benefits of attending a post-natal clinic. (12 marks)

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